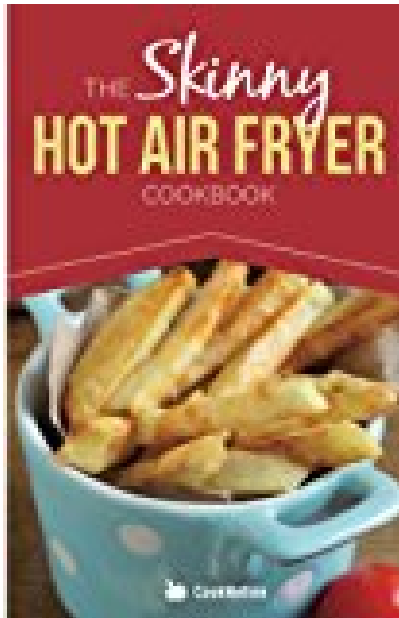


The Skinny Hot Air Fryer Cookbook

Cooknation Skinny



BOOK DETAILS

- Author : Cooknation
- Pages : 92 Pages
- Publisher : Bell & Mackenzie Publishing Ltd
- Language : English
- ISBN : 1909855472

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BOOK SYNOPSIS

The Skinny Hot Air Fryer Cookbook: Delicious & Simple Meals For Your Hot Air Fryer: Discover the Healthier Way To Fry! Hot Air Frying is a revolutionary new way of cooking that once discovered you won't be able to live without! Whether you own an ActiFry, AirFryer, Halo Health or any other counter-top hot air fryer the all new Skinny Hot Air Fryer Cookbook is what you have been waiting for. Offering you inspiration and exciting new lower calorie/lower fat recipe ideas The Skinny Hot Air Fryer Cookbook makes the most of this innovative and versatile appliance, opening your eyes to a huge choice of nutritious & delicious recipes, which will change the way you cook forever! So what are you waiting for? Get more out of your hot air fryer now and discover the healthier way to fry! Recipes in this ALL NEW book include: Double Chilli Prawns & Green Beans Spring Green Gnocchi Five Spice Steak & Savoy Cabbage Crispy Chicken Fried Rice Pork Tenderloin & Spring Vegetables Parmesan & Hazelnut Chicken Thighs Tequila & Cayenne Chicken Cajun & Coriander Drumsticks Beef & Rosemary Meatballs Chorizo & Scallop Watercress Wraps Ginger Scallops & Zucchini Salt & Pepper Chicken Prawn, Lime & Peanut Stir Fry Hong Kong Style Chicken & Rice Chicken, Raisins & Rice Chicken & Pineapple Oyster Sauce Chicken & Noodles Sweet Five Spice Chicken Garlic & Ginger Beef Spinach Coconut Green Beans Crispy Ladies Fingers Crushed Mango Potatoes Sweet Coriander Carrots Asparagus & Sunblush Tomatoes Zucchini Crisps Sweet Potato Coconut Fries Spicy Fried Lime Potatoes Parmesan Roastini Caribbean Crisps Sesame & Chilli Potatoes Balsamic Gnocchi Plus MANY MORE.... You may also enjoy The Skinny ActiFry Cookbook. Just search CookNation .

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