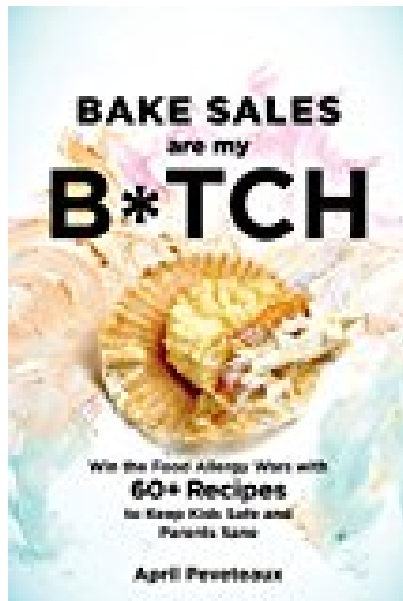


Bake Sales Are My B*tch Win the Food Allergy Wars with 60+ Recipes to Keep Kids Safe and Parents Sane



BOOK DETAILS

- Author : April Peveteaux
- Pages : 240 Pages
- Publisher : Rodale Books
- Language : English
- ISBN : 1623367204

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BOOK SYNOPSIS

Living the food allergy life and having a kid who can't have dairy, tree nuts, peanuts, or soy is not easy. And neither is worrying about accommodating all the food requirements at a play date. From avoiding major food allergens and respecting food preferences like vegetarian or vegan to being aware of religious practices like keeping kosher, making a simple snack resembles navigating a minefield.

Thankfully, *Bake Sales Are My B*tch* is here to help. April Peveteaux's 50-plus recipes cover the eight major food allergens and everything from school lunches, kids parties, sleepover foods, after-school snacks, and, yes, bake sales. In *Bake Sales Are My B*tch*, she gets into the nitty-gritty of food allergies, from deadly serious reactions to how to deal with those who don't take your kid's allergy seriously. Whether you're a freaked-out parent or not, Pevetaux lends some much-needed guidance--and teaches you to make party foods that'll be a surefire hit.

BAKE SALES ARE MY B*TCH WIN THE FOOD ALLERGY WARS WITH 60+ RECIPES TO KEEP KIDS SAFE AND PARENTS SANE

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